Psychology

Personality Theory and Assessment

Day 2 and 3

Objectives:

1. Identify the three levels of awareness in consciousness.
2. Analyze the roles of the id, the ego, and the superego.
3. Identify the purpose of the defense mechanisms.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--Freud’s term for his theory of personality and his therapy for treaty psychological disorders.
2. Freud’s view of the mind
   1. Mind functions on 3 levels
   2. Most important level?
   3. Which level is the primary force of human nature?
3. Freud’s 3 Systems of Personality
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the unconscious portion of personality that contains *life* and *death* instincts and operates according to the *pleasure principle*.
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the logical, rational, realistic part of our personality that is guided by the *reality principle*.
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the moral component of personality which contains the *conscious* and *ego ideal*.
4. Defense Mechanisms
5. Conclusion—What is the purpose of defense mechanisms?