Psychology

Personality Theory and Assessment

Day 2 and 3

Objectives:

1. Identify the three levels of awareness in consciousness.
2. Analyze the roles of the id, the ego, and the superego.
3. Identify the purpose of the defense mechanisms.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--Freud’s term for his theory of personality and his therapy for treaty psychological disorders.
2. Freud’s view of the mind
	1. Mind functions on 3 levels
		1.
		2.
		3.
	2. Most important level?
	3. Which level is the primary force of human nature?
3. Freud’s 3 Systems of Personality
	1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the unconscious portion of personality that contains *life* and *death* instincts and operates according to the *pleasure principle*.
	2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the logical, rational, realistic part of our personality that is guided by the *reality principle*.
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_--the moral component of personality which contains the *conscious* and *ego ideal*.
4. Defense Mechanisms
	1.
	2.
	3.
	4.
	5.
	6.
	7.
5. Conclusion—What is the purpose of defense mechanisms?