Motivation and Emotion Study Guide

1. Intrinsic Motivation
2. Extrinsic Motivation
3. Instinct
4. Homeostasis
5. Arousal
6. Primary Drive
7. Need for Achievement
8. Work Motivation
9. Emotion
10. Polygraph
11. Definition of motivation
12. Motives
13. Instinct Theory
14. Drive-reduction Theory
15. Arousal Theory
16. Homeostasis
17. The Yerkes-Dodson Law
18. Sensory Deprivation Tests
19. Intracellular Thirst
20. Extracellular Thirst
21. Hypothalamus
22. Ventromedial Hypothalamus
23. Metabolic Rate
24. What takes place when we lose weight?
25. Most effective way to lose weight?
26. Bulimia
27. Anorexia
28. Achievement motivation
29. Henry Murray and Ach
30. Characteristics of high Ach
31. Characteristics of low Ach
32. Ach and birth order
33. I/O psychologist
34. Three components of emotion
35. Amygdala
36. Polygraph measures . . .
37. Cross-cultural facial expressions
38. Display rule for emotion
39. Facial feedback hypothesis
40. Gender differences in emotion
41. Seven types of love